



October 6, 2023

Colette Swetz
Human Recourses Manager
Nishnawbe Aski Legal Services Corporation
101 Syndicate Ave., North, Suite 101
Thunder Bay, ON

Dear Ms. Swetz:

RE: CLIENT: Jennifer Stienke
DOB: October 21, 1997

I am writing as pertains to my client Jennifer Stienke. I have been seeing Ms. Stienke for psychotherapy sessions since October 17, 2022. During this time period, Ms. Stienke has been addressing difficulties related to work stress, anxiety, mood, and feelings of grief and loss.

On August 24, 2023, Ms. Stienke reported experiencing notable difficulties in all aspects of her daily functioning and an increase in stress and anxiety when entering the workplace. As such, it is my recommendation that Ms. Stienke would benefit from working from home with a proposed return-to-work date of December 4, 2023 to help promote psychological stabilization. Ms. Stienke will be reevaluated at our appointment on November 24, 2023 to address her suitability to return to work in person.

I trust this information will suffice. If you have any questions or require further information, please feel free to contact me, Rachel Doliska, at (807)768-0660.

Sincerely,

A handwritten signature in black ink that reads "Rachel Doliska".

Rachel Doliska, M.A.C.P, RP(Q)
Registered Psychotherapist

A handwritten signature in black ink that reads "Jennifer M. Sullivan".

Jennifer M. Sullivan, PhD., C.Psych.
Supervising Clinical Psychologist