



**Opening  
Minds**

**MENTAL HEALTH  
COMMISSION  
OF CANADA**

# Certificate of Participation

This is to certify that

**Wilma Carpenter**

has successfully completed The Working Mind Employee program.

Participants learn skills to help reduce stigma and negative attitudes surrounding mental health in the workplace, promote good mental health for everyone, and provide strategies to cope with stress and improve mental health.

*Julie Donaldson*

Julie Donaldson  
Director – Program Delivery, Opening Minds



Date: 11/06/2024  
Course Length: 4h15  
Delivery Method: Virtual