



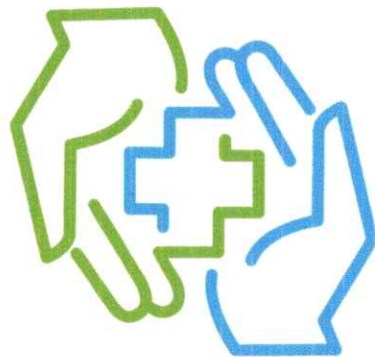
Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Mental Health
First Aid Canada



CERTIFICATE OF PARTICIPATION



This is to certify that

Heather Napash

has completed
Mental Health First Aid
Standard (8-hour)

Participants learn skills for providing initial help to individuals experiencing a decline in their mental well-being or a mental health or substance use crisis.

Micheal Pietrus
Director, Mental Health First Aid

January 31, 2021

Certificate Number: 160158