

RECONCILIATION EDUCATION CERTIFICATE OF COMPLETION



Reconciliation Education and the First Nations University of Canada presents to:

Charlene Forster

who successfully completed the online Indigenous awareness training course for the workplace,
'Reconciliation Education' and is therefore awarded this certificate of completion.



A handwritten signature in black ink, appearing to read 'Bob Keyseas'.

Dr. Bob Keyseas
Interim President & Vice President Academic
First Nations University of Canada

Issued: 2021-10-14



Certificate ID: u79ve3hgvf

SAN'YAS: INDIGENOUS CULTURAL SAFETY TRAINING

CERTIFICATE *of* COMPLETION

Presented To

Charlene Forster

ONTARIO CORE ICS MENTAL HEALTH ~ 9 Hours

PROVINCIAL HEALTH SERVICES AUTHORITY INDIGENOUS HEALTH PROGRAM

BRITISH COLUMBIA, CANADA

May 3, 2019



Cheryl Ward, Executive Director
Indigenous Cultural Safety and Strategy

SAN'YAS: INDIGENOUS CULTURAL SAFETY TRAINING

CERTIFICATE *of* COMPLETION

Presented To

Charlene Forster

POST TRAINING: FROM BYSTANDER TO ALLY ~ 5 Hours

PROVINCIAL HEALTH SERVICES AUTHORITY INDIGENOUS HEALTH PROGRAM

BRITISH COLUMBIA, CANADA

December 6, 2019



Cheryl Ward, Executive Director
Indigenous Cultural Safety and Strategy

Certificate of completion

Presented to

Charlene Forster

For completion of the following course:

Understanding Stigma

Credit hours: 3



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

camh



1 877 356-3226 myrc.redcross.ca

First Aid 4U Inc
<http://www.FirstAid4U.ca/en/>

To validate a certificate, go to myrc.redcross.ca and click on Validate Certificate. Complete both fields and click on Validate. The search result will either verify the certificate or indicate an issue.

Charlene Forster
Has successfully completed
Psychological First Aid -
Caring for Others
Certificate number 101768409
Expiry Date: 2030-05-12
Issue Date: 2020-05-14
Issued in: ON





1 877 356-3226 myrc.redcross.ca

First Aid 4U Inc
<http://www.FirstAid4U.ca/en/>

To validate a certificate, go to myrc.redcross.ca and click on Validate
Certificate. Complete both fields and click on Validate. The search result
will either verify the certificate or indicate an issue.

Charlene Forster
Has successfully completed
Psychological First Aid -
Self-Care
Certificate number 101768346
Expiry Date: 2030-05-12
Issue Date: 2020-05-14
Issued in: ON



LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



Diversity, Inclusion, and Belonging

Course completed on Apr 13, 2021 at 07:12PM UTC • 47 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

A handwritten signature in black ink that reads "Dan Baluta".

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ASe7Zpv9RYHzq8y3oPu64CKvgCCR

Certificate of Completion

The Ontario Human Rights Commission
affirms that

Charlene Forster

has successfully completed

**Working Together:
The Ontario Human Rights Code
and the
Accessibility for Ontarians with Disabilities Act**

18/10/2021

Working Together - The Code and the AODA

Date / Time	Student Score	Passing Score	Result
October 18, 2021 2:20 pm	100	80	Pass

Working Together - The Code and the AODA

#	Question	Correct Answer	Student Answer	Result	Points Awarded
1	The goal of the Human Rights Code (the Code) is to:	D) A and B	D) A and B	Correct	1
2	The Code and the AODA work together in the following ways:	E) B, C and D.	E) B, C and D.	Correct	1
3	The AODA standards apply to:	All organizations (public, private, and not-for-profit) with one or more employees in Ontario.	All organizations (public, private, and not-for-profit) with one or more employees in Ontario.	Correct	1
4	In the Code, disabilities can include (check all that apply):	Workplace injuries, Environmental sensitivities, Epilepsy, Substance addictions, Hearing, Vision, Cognitive or intellectual development, Learning disabilities, Mental health, Physical limitations	Workplace injuries, Environmental sensitivities, Epilepsy, Substance addictions, Hearing, Vision, Cognitive or intellectual development, Learning disabilities, Mental health, Physical limitations	Correct	1
5	Barriers to accessibility prevent people with disabilities from fully taking part in the social and economic life of our communities. An example of an information and communications barrier is:	Providing documents with print that's too small.	Providing documents with print that's too small.	Correct	1
6	"Ableism" is a tendency to see people with disabilities as less worthy, underestimating their potential, or excluding them from decisions that affect them.	True	True	Correct	1

Integrated Accessibility Standards Regulations Certificate of Training

I, Charlene Forster,
certify that I have completed
training on the:

- Required topics for the Customer Service Standard training
- General Requirements
- Requirements of the Information and Communications Standard
- Requirements of the Employment Standard
- Requirements of the Design of Public Spaces Standard
- Requirements of the Transportation Standard
- Ontario Human Rights Code, as it relates to people with disabilities



[EMPLOYEE'S/VOLUNTEER'S SIGNATURE]

20/10/2021

[dd]/[mm]/[yy]



LIVINGWORKS
Start



Charlene Forster

has completed LivingWorks Start, learning the TASC steps
to recognize thoughts of suicide and engage safety
resources using LivingWorks Connect.

06/10/2021

DATE

PRESIDENT, LIVINGWORKS EDUCATION

EXECUTIVE VICE PRESIDENT, PROGRAM,
PLANNING AND DELIVERY

SickKids

Centre for
Community
Mental Health

LEARNING INSTITUTE

CERTIFICATE OF PARTICIPATION

WE HEREBY RECOGNIZE

CHARLENE FORSTER

HAS COMPLETED

GRIEF ON THE FRONT LINES: FOSTERING HEALTHY GRIEF IN OURSELVES AND
THOSE WHO WE SUPPORT

3 CE HOURS, FEBRUARY 18, 2021

FACILITATED BY ANDREA WARNICK, RN, MA AND OLIVIA TISCHLER



ALICE WRIGHT, DIRECTOR
SickKids CCMH Learning Institute

!a BPG

Certificate

This is to certify that Charlene Forster

has completed the RNAO Addictions E-learning educational series on June 26, 2018

Learning modules included:

- (1) Principles of opiate Addictions & treatment
- (2) Principles of harm reduction
- (3) Client-centred care
- (4) Establishing therapeutic relationships
- (5) Crisis intervention
- (6) Overview of methadone maintenance treatment
- (7) Health Promotion for clients with addictions
- (8) Methadone and Other Drugs
- (9) Mentorship for nurses
- (10) Corrections and MMT

Registered Nurses Association of Ontario



RNAO



RNAO

Registered Nurses' Association of Ontario
 L'Association des infirmières et infirmiers
 autorisés de l'Ontario

**Social Determinants of Health:
 NURSES MAKING A DIFFERENCE**

ADDICTIONS eLearning Series



[Home](#) | [Profile](#) | [Contact](#) | [Logout](#)

CERTIFICATION MODULES

[Print](#) 







Welcome, Charlene!


YOUR HOMEPAGE

Learn about the different factors involved in the care of clients with addictions and you'll make a difference in your nursing practice. To the right are all of the eLearning modules currently available.


Use this page to start new modules, resume modules you've already begun or review your status.

You can save a module-in-progress at any time and return to this page to complete it.

MODULE NAME	DESCRIPTION	STATUS
Establishing Therapeutic Relationships	Learn about best practices around establishing therapeutic relationships, applicable to all practice settings.	Completed 
Client Centred Care	Learn about best practices around client centred nursing practice, applicable to all practice settings.	Completed 
Principles of Opioid Addiction and Treatment	Learn about the basics of opioid addiction and treatment.	Completed 
Crisis Intervention	Learn about understanding what a crisis is and implementing strategies for crisis intervention.	Completed 
Principles of Harm Reduction	Harm Reduction is defined as "measures taken to address drug problems that are open to outcomes other than abstinence or cessation of use."	Completed 
Overview of Methadone Maintenance Treatment	Methadone maintenance treatment (MMT) is a substitution/maintenance therapy that is associated with the most positive outcomes related to opioid dependence.	Completed 

Health Promotion Completed 

Health promotion defines health as “a state of complete physical, mental and social well-being rather than a mere absence of disease or infirmity.”




Methadone and Other Drugs Completed 

In this module learn about the potential side effects and drug to drug interactions may occur for patients on MM T and other drugs.

CERTIFICATE

[Click here](#) to get your certificate. You will be asked to complete a questionnaire if you have not already done so.

PERSONAL INTEREST MODULES

MODULE NAME	DESCRIPTION	STATUS 
Mentorship for Nurses	Learn about various aspects of mentoring, including the benefits of a mentorship program, what makes a great mentor and mentee, roles and responsibilities, and giving and receiving feedback.	Completed 
Corrections and Methadone Maintenance Treatment (MMT)	Learn about best practices around addictions, harm reduction and the benefits of MMT in order to offer non-biased treatment and education in a Corrections setting.	Completed 

Certificate of Completion

This certifies that

Charlene Forster

successfully completed the RNAO e-Learn Course

Engaging Youth Who Use Substances

Mental Health & Addictions
RNAO.ca

Date **March 15, 2020**

Certificate of Participation

This certificate is awarded to

Charlene Forster

for successful completion of

Gentle Persuasive Approaches in Dementia Care:
Responding to Persons with Challenging Behaviours
Education Program, 2010 Version (7.5 hours)

GPA

Gentle Persuasive Approaches

Certified Coach

Cynthia Gardner

Administrator / Director of Care / Manager

Allyson

Date *Apr 17/10*

AGE

PEP

Parkinson Education Program
for Community Caregivers

Certificate of Completion

This is to Certify that

Charlene Forster

Has Successfully Completed
the Parkinson Education Program

Training Completed and Certificate Issued

2020-03-02 20:18:36

Issued Date

Shelley Howard

CEO, Parkinson Society
Southwestern Ontario



I. Understanding Abuse and Neglect of Older Adults

Certificate of Completion

This certificate is presented to

Charlene Forster

for successfully completing Module 1: Understanding Abuse and
Neglect of Older Adults, part of the Preventing and Addressing
Abuse and Neglect of Older Adults e-learning course.

Thank you for improving your knowledge and making a difference
in the lives of older adults.

2. Working with Older Adults and Their Families

Certificate of Completion

This certificate is presented to

Charlene Forster

for successfully completing Module 2: Working with Older Adults and Their Families, part of the Preventing and Addressing Abuse and Neglect of Older Adults e-learning course.

Thank you for improving your knowledge and making a difference in the lives of older adults.



Regeneres' Suna va'
Association of Ontario
Regeneres' Suna va'
Association of Ontario

Preventing and Addressing Abuse and Neglect of Older Adults

3. Identifying and Responding to Abuse and Neglect of Older Adults

Certificate of Completion

This certificate is presented to

Charlene Forster

for successfully completing Module 3: Identifying and Responding to Abuse and Neglect of Older Adults, part of the Preventing and Addressing Abuse and Neglect of Older Adults e-learning course.

Thank you for improving your knowledge and making a difference in the lives of older adults.

Certificate of Completion

This certifies that

Charlene Forster

successfully completed the RNAO e-Learn Course
**Nurses and Other Health Professionals
Supporting Tobacco Use Cessation In Clients
With Mental Illness and Concurrent Addiction**



Date March 20, 2020

Certificate of Completion

This certifies that

Charlene Forster

successfully completed the RNAO e-Learn Course

**Nurses and Other Health Professionals
Supporting Tobacco Use Cessation In Clients
With Mental Illness and Concurrent Addiction**




**Tobacco
Free RNAO**

Date March 20, 2020

Charlene Forster

*has completed an eLearn course facilitated by the
Registered Nurses' Association of Ontario (RNAO)*

'Tobacco Use and Cessation with Youth and Young Adults'



Doris Grinspun, RN, MSN, PhD, LLD(hon), Dr(hc), O.ONT.
Chief Executive Officer



RNAO

Registered Nurses' Association of Ontario
L'Association des infirmières et infirmiers
autorisés de l'Ontario



Valerie Grdisa, RN, MS, PhD
Director, International Affairs & Best Practice Guidelines Centre



Tobacco Free RNAO

Niagara School of Health Care

**Personal Support Worker
Diploma**

presented to

Charlene A. Forster

*for successfully completing the requirements of the
Certified Personal Support Worker Program*



Executive Director:

Instructor:

M. Mulligan
Christina R.

St. Catharines, Ontario

June 2003

Certificate of Training

This is to certify that

CHARLENE FORSTER

has successfully completed

**PERSONAL SUPPORT WORKER ENHANCEMENT WORKSHOP
(10 weeks - 30 hours) including:**

- | | | | | | |
|-------------------------------------|----|---|-------------------------------------|-----|-------------------------------|
| <input checked="" type="checkbox"/> | 1. | Vitals | <input checked="" type="checkbox"/> | 6. | Care Planning/Problem Solving |
| <input checked="" type="checkbox"/> | 2. | Tube Feeding | <input checked="" type="checkbox"/> | 7. | Behaviours-in dementia |
| <input checked="" type="checkbox"/> | 3. | Rehabilitation/Restoration | <input checked="" type="checkbox"/> | 8. | Management Diabetes |
| <input checked="" type="checkbox"/> | 4. | Catheterization/Ostomy Care/I.V. | <input checked="" type="checkbox"/> | 9. | Assisting with Medications |
| <input checked="" type="checkbox"/> | 5. | Wounds-identification of, products used | <input checked="" type="checkbox"/> | 10. | Interaction of medications |

JANUARY 2005

Jo-Ann DeNapoli Nurse - Teacher

Debbie Benner, Clinical Instructor



DISTRICT SCHOOL BOARD OF NIAGARA

NIAGARA COLLEGE CANADA



CERTIFICATE OF
ACHIEVEMENT

Awarded to

Charlene Forster

who has fulfilled the prescribed program of studies in

Medical Office Assistant

Prasanna

President

He Vij

Registrar

December 16, 2005

Date

NORTHERN COLLEGE

OF APPLIED ARTS AND TECHNOLOGY
Continuing Education Department

Certificate of Attainment

This certifies that

Charlene Forster

has successfully completed a 16 hour course

in

Phlebotomy

Dated at Timmins, Ontario, this 20th day of October 2006



Fred Gibbons, Executive Regional Director
North Region



Judy Rantala, Director
School of Health Sciences, Emergency &
Human Services (North)

CERTIFICATE OF COMPLETION

ASIST

Charlene Forster

Location: St. Catharines, Ontario

Date: September 8 & 9, 2004

Hours: 14 hours



Charlene Forster

LivingWorks

enhancing resources today • saving lives for tomorrow



St. John Ambulance Saint-Jean

St. John Ambulance certifies that

CHARLENE F FORSTER

has completed

Standard First Aid - CPR C - AED Renewal

Class #: SFA-C-16R-SJNFL-100921-5375

Expiry Date: Sep 10, 2024

Reference #: 0311797666

Issued By/On: Ontario Council Sep 10, 2021



St. John Ambulance Saint-Jean

St. John Ambulance certifies that

CHARLENE F FORSTER

has completed

**Standard First Aid - CPR C - AED
Renewal**

Expiry Date: **Sep 10, 2024**

Reference #: 0311797666

Issued Ontario Council

By/On: Sep 10, 2021



St. John Ambulance Saint-Jean

St. John Ambulance certifies that

CHARLENE F FORSTER

has completed

Level C CPR/AED

Issued Date: **Sep 10, 2021**

Reference #: 0311797666

Issued By: Ontario Council

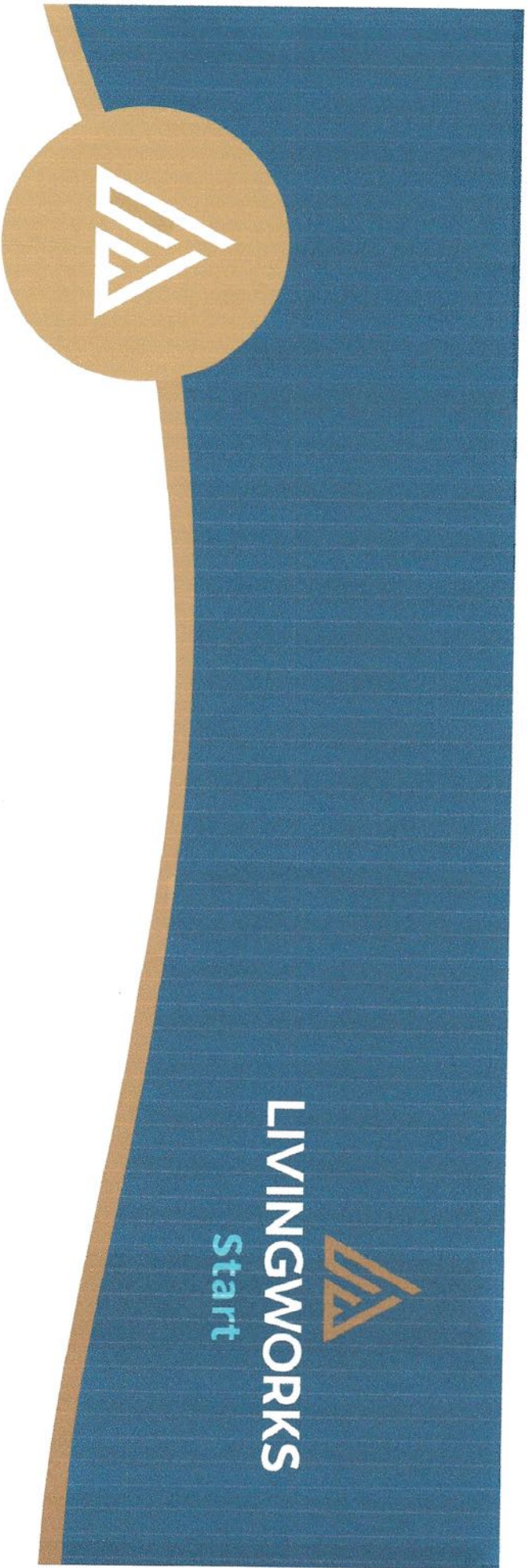
Lessons taught

- | | |
|---------------------------------------|---|
| 1. Roles and Responsibilities and ESM | 2. Adult Resuscitation |
| 3. 2 Rescuer Adult Resuscitation | 4. Child and Infant Resuscitation |
| 5. Medical Conditions | 6. Emergency Scene Management - Trauma Casualty |
| 7. Severe Bleeding | 8. Wound Care |
| 9. Burns | 10. Eye Injuries |
| 11. Secondary Survey | 12. Multiple Casualty Management |
| 13. Chest and Abdominal Injuries | 14. Bone and Joint Injuries |
| 15. Rescue Carries | 16. Environmental Injuries |
| 17. Poisoning | |

Cardiopulmonary Resuscitation Levels:

- Level A: One-rescuer CPR and choking manoeuvres for an adult casualty
- Level B: One-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- Level C: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties
- BLS/HCP: One and two-rescuer CPR and choking manoeuvres for an adult, child and infant casualties. AR, BVM, AED included
- Level E: Customized courses that provide training for special needs group
- AED: Understanding the knowledge and skill to safely use an AED (Automated External Defibrillator)

Annual retraining in CPR is recommended



Charlene Forster

has completed LivingWorks Start, learning the TASC steps
to recognize thoughts of suicide and engage safety
resources using LivingWorks Connect.

DATE 06/10/2021


PRESIDENT, LIVINGWORKS EDUCATION


EXECUTIVE VICE PRESIDENT, PROGRAM,
PLANNING AND DELIVERY



Certificate of Completion
Congratulations, Charlene Forster



Improving Your Judgment for Better Decision-Making

Course completed on Aug 10, 2020 • 30 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AZD86kz18wi2TmuhxtJ00a_h_zak

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



Coaching Skills for Leaders and Managers

Course completed on Jul 28, 2020 • 34 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ATxKZfwcWm71joDDWj9m0vh5DB6Z

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



Executive Leadership

Course completed on Jul 17, 2020 • 1 hour 19 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Stapley

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AY8wAClq1ht2_9Zv1EYSbcVGLnIZ

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Connecting with Executives

Course completed on Aug 11, 2020 • 43 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ARLbyyQF6WbWMMdX6Wc6_ObkYfnJj

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Leading Productive Meetings

Course completed on Jul 27, 2020

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085



The PMI Registered Education Provider logo is a registered mark of the Project Management Institute, Inc.

Program: PMI® Registered Education Provider | Provider ID: #4101

Certificate No: AdmTswpykUvtBcq7YsRQMhwxaa3F

PDU/ContactHours: 1.25 | Activity #: 100020003023

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster

Managing in Difficult Times

Course completed on Jul 24, 2020 • 1 hour 7 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.



Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085



Certificate Id: AZG3WFSMELK60a_IW-43XyBU5rNY

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Leading without Formal Authority

Course completed on May 28, 2020

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Stapley

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085



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Program: PMI® Registered Education Provider | Provider ID: #4101
Certificate No: AVDmmA7UOuopirGnxO2NDdmLxBcY
PDUs/ContactHours: 1.00 | Activity #: 100020003439

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Emerging Leader Foundations

Course completed on Aug 10, 2020 • 50 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AY2JVstjinXZGsnXvJUKmMJ962mez

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



Effective Listening

Course completed on Jul 29, 2020 • 1 hour 4 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AUB_NPr1IKKGLyMmggpC8Zwipld8

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Time Management Fundamentals

Course completed on Aug 25, 2020 • 2 hours 53 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AUDWfN0qMn70cxfXjWw04HGJ_-0d



Certificate of Completion
Congratulations, Charlene Forster



Tips for Better Business Writing

Course completed on May 29, 2020 • 28 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Stayer

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ASVUSoA2INNuGGsvMqY8K6aE1ze

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Administrative Professional Foundations

Course completed on May 28, 2020 • 44 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Staples

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AcYQ6Xv_e2W-O_LbkV9wADcliAG



Certificate of Completion
Congratulations, Charlene Forster



Microsoft Teams Essential Training

Course completed on Feb 24, 2022 at 07:08PM UTC • 2 hours 21 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ATilIBwBT46UK9Hcd8rLvUcZ3LC9



Certificate of Completion

Congratulations, Charlene Forster



Learning Webex Meetings

Course completed on Feb 24, 2022 at 04:10PM UTC • 55 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AVXm1uhJ9R2u443GFDBRohULI26-

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Excel 2016 Essential Training
Course completed on May 28, 2020 • 8 hours 53 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Stapley

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AeJMux8RbsMN4VrrX-4PETa04Ske

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



Excel: Tips and Tricks

Course completed on Jul 23, 2020 • 4 hours 20 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

A handwritten signature in black ink that reads "Dan Roberts".

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: Ad5Edtg0rOvsnb2qOiddLFc02x8u

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster

Word Tips and Tricks

Course completed on Aug 4, 2020 • 56 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.



Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085



Certificate Id: AfxULUK0fn836CeZ35muVEur-AhG



Certificate of Completion

Congratulations, Charlene Forster



Outlook Essential Training (Office 365)

Course completed on May 19, 2020 • 2 hours 11 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Staples

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ARSlv2Qh8lM4Zh1GstULu8GVf6Lt

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



Outlook 2019 Essential Training

Course completed on May 27, 2021 at 03:31PM UTC • 2 hours 12 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: ASlJzrFOMBTNexKU75echPmyQUz



Certificate of Completion
Congratulations, Charlene Forster



Outlook: Efficient Email Management

Course completed on May 29, 2020 • 1 hour 55 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Stapley

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AWD0951fapVoMYEIVd19ktvrlxh5

LinkedIn LEARNING

Certificate of Completion
Congratulations, Charlene Forster



Learning PowerPoint 2019

Course completed on May 28, 2020 • 1 hour 16 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Tanya Staples

VP, Learning Content at LinkedIn

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AWJ10MnHttJ-mIFo8u-nbBvfhUvO

LinkedIn LEARNING

Certificate of Completion

Congratulations, Charlene Forster



SharePoint 2019 Essential Training: The Basics

Course completed on Apr 15, 2021 at 11:30AM UTC • 1 hour 51 min

By continuing to learn, you have expanded your perspective, sharpened your skills, and made yourself even more in demand.

Head of Content Strategy, Learning

LinkedIn Learning
1000 W Maude Ave
Sunnyvale, CA 94085

Certificate Id: AcC84PZSGXihwkpDMS2HzUe1dNJl



Assess 01 - Interviewing & History Taking Skills

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

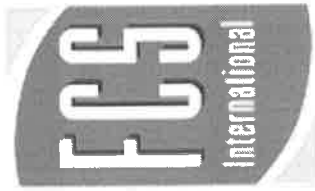
Signed by:

Jayne Harvey, CEO FCS International



Date Completed: April 12, 2011

Expiry Date: April 12, 2012



*Assess 03 - Respiratory
Cardiovascular & Abdominal
Assessments*

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline
and the standards set by his or her facility for this module.

Signed by:

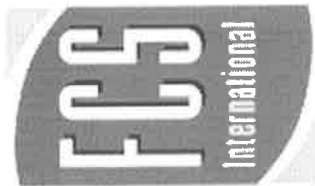
A handwritten signature in cursive script, appearing to read 'Jayne Harvey', written over a horizontal line.

Jayne Harvey, CEO FCS International



Date Completed: April 12, 2011

Expiry Date: April 12, 2012



Assess 02 - Process & Skills

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by: _____

A handwritten signature in cursive script, appearing to read 'Jayne Harvey', written over a horizontal line.

Jayne Harvey, CEO FCS International

Date Completed: April 12, 2011

Expiry Date: April 12, 2012





Core 08 - Restraint Use

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by: _____

A handwritten signature in cursive script, appearing to read 'Jayne Harvey', written over a horizontal line.

Jayne Harvey, CEO FCS International

Date Completed: April 11, 2011

Expiry Date: April 11, 2012





***Safety 02 - Safe Body
Movement Lifting &
Positioning***

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline
and the standards set by his or her facility for this module.

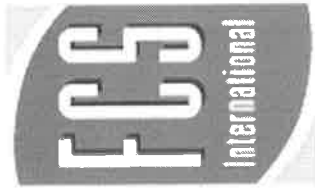
Signed by:

Jayne Harvey, CEO FCS International

Date Completed: April 11, 2011

Expiry Date: April 11, 2012





Core 09 - Grief Bereavement

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by: _____

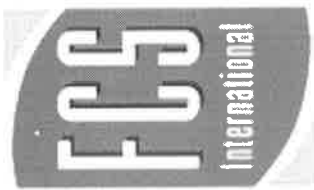
A handwritten signature in cursive script, appearing to read 'Jayne Harvey', written over a horizontal line.

Jayne Harvey, CEO FCS International

Date Completed: April 12, 2011

Expiry Date: April 12, 2012





Core 06 - Falls Prevention

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by:

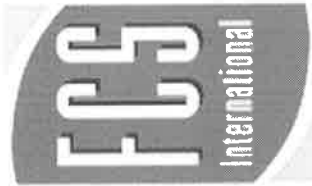
A handwritten signature in cursive script, appearing to read 'Jaym Harvey', written over a horizontal line.

Jaym Harvey, CEO FCS International

Date Completed: April 11, 2011

Expiry Date: April 11, 2012





Core 05 - Managing Behaviour

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by: _____

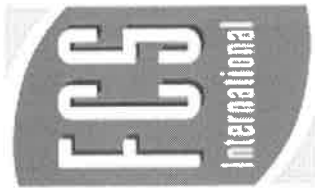
A handwritten signature in cursive script, appearing to read 'Justin Harvey'.

Justin Harvey, CEO FCS International

Date Completed: _____ April 11, 2011

Expiry Date: _____ April 11, 2012





***Core 02 - Hot Weather
Related Illness***

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by: _____

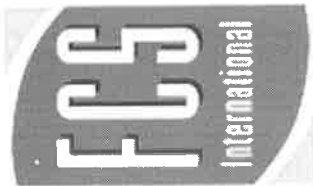
A handwritten signature in cursive script, appearing to read 'Jayne Harvey', written over a horizontal line.

Jayne Harvey, CEO FCS International

Date Completed: April 11, 2011

Expiry Date: April 11, 2012





Food 02 - Food Borne Illness

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FC'SOnline and the standards set by his or her facility for this module.

Signed by:

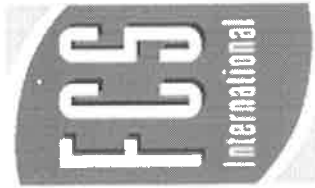
A handwritten signature in cursive script, appearing to read 'Jaime Harvey'.

Jaime Harvey, CEO FCS International

Date Completed: April 12, 2011

Expiry Date: April 12, 2012





Food 03 - Kitchen Safety Basics

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline
and the standards set by his or her facility for this module.

Signed by: _____

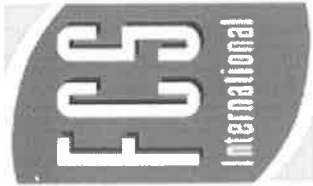
A handwritten signature in cursive script that reads 'Jawn Harvey'.

Jawn Harvey, CEO FCS International

Date Completed: _____ April 12, 2011 _____

Expiry Date: _____ April 12, 2012 _____





Safety 01 - Fire & Emergency Codes

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline
and the standards set by his or her facility for this module.

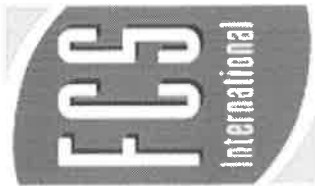
Signed by: _____

Jayne Harvey, CEO FCS International



Date Completed: April 11, 2011

Expiry Date: April 11, 2012



Food 04 - Understanding Safe Food Temperatures and Times

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

Signed by: _____

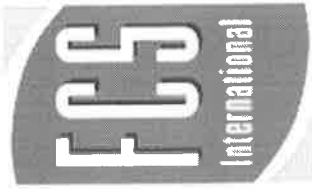
A handwritten signature in cursive script, appearing to read 'Jaymie Harvey', written over a horizontal line.

Jaymie Harvey, CEO FCS International

Date Completed: April 12, 2011

Expiry Date: April 12, 2012





Core 10 - Resident Rights

FCSONLINE TRAINING

CERTIFICATE OF COMPLETION FOR:

Charlene Forster

This certifies that this employee has met the standards set by FCSOnline and the standards set by his or her facility for this module.

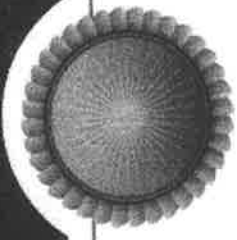
Signed by: _____

James Harve, CEO FCS International

Date Completed: April 12, 2011

Expiry Date: April 12, 2012





Certificate of Completion

Awarded to: Charlene Forster

For completion of: Substance Abuse Training

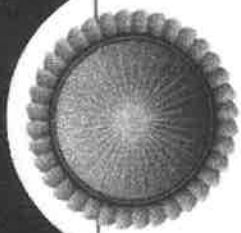
Jody Waley

Employer's Signature

Apr. 13, 2018

Date of Issue:





Certificate of Completion

Awarded to: **Charlene Forster**

For completion of: **WHMIS 2015 including the GHS for Workers and Supervisors - All Jurisdictions**

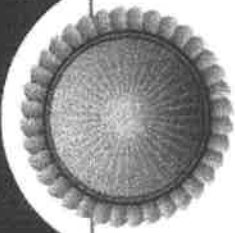
Jody Whaley

Employer's Signature

Apr. 20, 2018

Date of Issue:





Certificate of Completion

Awarded to: Charlene Forster

Occupational Health and Safety Awareness Training
for completion of: for Workers in Ontario

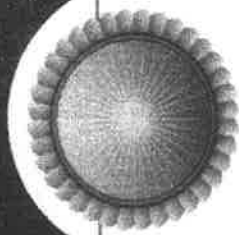
Jody Wrobley

Employer's Signature

Apr. 13, 2018

Date of Issue:





Certificate of Completion

Awarded to: Charlene Forster

Workplace Violence and Harassment Training for
Employees (Ontario - Bills 168 and 132)

For completion of:

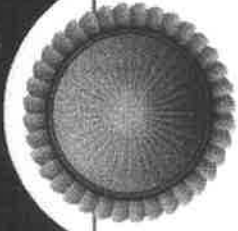
Jody Waboy

Employer's Signature

Apr. 19, 2018

Date of Issue:





Certificate of Completion

Awarded to: Charlene Forster

For completion of: PHIPA - Personal Health Information Privacy Training (Ontario)

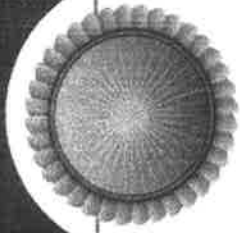
Jody Wadley

Employer's Signature

Apr. 20, 2018

Date of Issue:





Certificate of Completion

Awarded to: Charlene Forster

For completion of: Defusing Hostile Customers Training

Jody Wadley

Employer's Signature

Apr. 13, 2018

Date of Issue:



Confirmation of Successful Completion

SafeCheck® Advanced Food Safety Certification

Charlene Forster

This will confirm that you have successfully completed the Nationally recognized **SafeCheck® Advanced Food Safety Certification** and exam.

Your **SafeCheck® Advanced** Certificate and wallet card are attached.

Exam Date: **06-Nov-2023**

Result: **88%**

SafeCheck®
Certificate: **80363777**

Certificate
Expiry: **06-Nov-2028**

Please tell everyone that you care about the safety of the food you are preparing and serving by displaying the attached certificate in a prominent place. Practice and share the information you have learned.

With your dedicated efforts we can make the world a safer place to eat.

Congratulations,

Domenic C. Pedulla
President, Canadian Food Safety®



Certificat de Réussite
présenté à

Certificate of Achievement
presented to

Charlene Forster

pour la réussite de

for successful completion of the

**SafeCheck® Programme Avancé
de Sécurité Alimentaire**

**SafeCheck® Advanced
Food Safety Certification Program**

06-Nov-2023

Issue Date
Date d'émission

80363777

Certificate Number
Numéro de Certificat

06-Nov-2028

Expiry Date
Date d'Expiration



Domenic C. Pedulla
Président



**SafeCheck®
Food Safety**
Canadian Food Safety Group

 **Integrity Advocate**



**Restaurants
Canada**

The voice of foodservice | La voix des services alimentaires

Canadian Food Safety Group Food Safety Now SafeCheck® Brand Protection SafeCheck® Learning
safecheck1.com foodsafety1.ca canadianfoodsafety.com mapaq.ca foodsafetynow.ca safecheck.ca

866.258.0643





Certificat de Réussite		Certificate of Achievement	
présenté à		presented to	
Charlene Forster			
pour la réussite de		for successful completion of the	
SafeCheck® Programme Avancé de Sécurité Alimentaire		SafeCheck® Advanced Food Safety Certification Program	
06-Nov-2023	80363777	06-Nov-2028	
Issue Date Date d'émission	Certificate Number Numéro de Certificat	Expiry Date Date d'Expiration	
 Domenic C. Pedulla President	 SafeCheck Food Safety canadianfoodsafety.com	 Integrity Advocate	 Restaurants Canada
<small>Canadian Food Safety Group Food Safety Now SafeCheck® Brand Protection SafeCheck® Learning safecheck1.com foodafety1.ca canadianfoodsafety.com mpaq.ca foodsafetynow.ca safecheck.ca 866.258.0643</small>			

